**South West Women’s League 2019/20**

**Rules & Regulations**

**Rules**

**All Senior Competition administered by the South West Women’s Committee shall be played in accordance to the FIL 2018 rule book, with the following exceptions:**

* **Any rules concerning the timing of games**
* **The requirement to drop the stick after scoring a goal**

1. **Teams**
   1. 6 players in the attacking third (3 field players must remain behind restrainer, in addition to the GK) when playing 10 a side.

1.02 A maximum of 3 players from each team will be allowed in the centre third at the draw, until possession of the ball is achieved by one team, or until the ball passes outside of the centre third.

1.03 Players will be allowed to “self-start” in accordance with FIL rule book.

1.04 Every team playing in the league should be wearing numbered shirts that are numbered both front and back. There should be no repetition of numbers between players on the same team.

1.05 All players must wear a correctly fitting mouthguard. Eye protection/goggles are optional, but must meet specifications set out by the Governing Body (EL) if a player chooses to wear them

2. **Tournament Days**

2.01 All tournaments to be played on a Sunday.

2.02 Any cancellations of the tournament will be made by 6pm the day before the tournament. The League Secretary will contact each club via phone and e-mail to confirm the cancellation. The League Secretary will use the South West website and facebook group to communicate if a league tournament is cancelled. It is the responsibility of each club captain to check these forums in case of cancellation.

2.03 Tournaments will only be cancelled due to adverse weather conditions and/or unsafe pitch conditions. Every effort will be made to rearrange the tournament within the league season, however if this is not possible the tournament shall remain un-played and no teams will receive points.

2.04 ALL FIL rules, pitch markings and approved crosses should be adhered to.

2.05 Any changes to existing FIL rules affecting the domestic game (and the timing of their coming into force) will be communicated from England Lacrosse to the SW Committee, and then adopted by the league where appropriate.

2.06 It is the responsibility of the teams to bring a first aid kit, including ice packs, with them to each tournament. The League Secretary will be designated first aider at each event, however if your team has any qualified first aiders present, they must make themselves known at registration.

2.07 Each team must bring a minimum of TWO Level 1 qualified umpires to each tournament. The umpires provided will not be required to officiate any games their team is playing in. Failure to provide TWO umpires will result in sanctions, listed below.

2.08 All teams entered into the league are expected to attend every tournament day in the season. Teams must submit their team sheet of EIGHTEEEN (18) players, including the names of their TWO umpires, to the League Secretary no later than 5pm the Wednesday before the tournament. Any team failing to provide a team sheet by the given deadline will not be allowed to play in the tournament and sanctions may be imposed as outlined below.

2.09 Any team withdrawing for the after the above deadline will be subject to sanctions outlined below

2.10 Any team failing to abide by the rules of the League can expect the following sanctions to be levied against them:

1st instance – written warning from the League Secretary and £20 fine

2nd instance – written warning, further £20 fine and docked 5 league points

3rd instance – written warning, further £50 fine and docked 10 league points

Any further instances of failure to abide by rules will be reviewed on a case-by-case basis by the South West Women’s Lacrosse Committee and may result in the team being refused entry to the League the following season.

**3.00 Membership and player eligibility**

3.01 Each club must ensure that all of their players and officials are Individual Members of England Lacrosse **and** affiliated to the club for which they are playing for in the tournament.

3.01a This is to ensure that all players are registered to English Lacrosse and covered under our public liability insurance with the correct club affiliation, and that they are eligible to play. No personal or contact information will ever be given to third parties. Players can register themselves at: http://register.englandlacrosse.co.uk/registration. Any player not individually registered with English Lacrosse will be unable to play in the tournament until registered, and the team will be subject to the sanctions listed in 2.10.

3.02 All teams must submit a comprehensive squad list (of unlimited number) to the league secretary at the start of the season. Only players declared on the squad list will be eligible to compete for the club for the upcoming season. Any players fielded at a tournament who are not on the original squad list will be ineligible, and the team will be subject to the League Sanctions in 2.10.

3.03 The squad list must name a MINIMUM of 4 level 1 Umpires and 1 Level 2 Umpire

3.04 If a team wishes to add a player to their squad list after the season has started, they must write to the League Secretary and have written approval before fielding said player.

3.05 Teams may update their Umpire List as many times during the season as they like. All updates must be sent to the League Secretary as soon as possible.

3.06 Minimum age for players competing in the league will be 14. If your team chooses to field any players aged 14 or 15 the SW committee strongly recommend that parental consent is sought prior to competing. The SW committee are able to offer advice & support for clubs to ensure correct safeguarding policies are in place for young people & vulnerable adults, but ultimate responsibility for this will lie with the club.

3.07 Process for checking Eligibility:

1. All teams must submit a comprehensive Squad List to the League Secretary, no later than **5pm Wednesday 25th September 2019.** The squad list can be unlimited in number but must include named officials for the club (as stipulated in 3.03). Players & Officials must be listed with their EL Registration Number and their names must be spelt the same as their EL Registered name.
2. Squad Lists will be cross checked with the EL Database prior to the first Team Sheet submission deadline (Wednesday 2nd October 2019).
3. Team sheets will then be cross referenced with the club’s squad list after each submission.
4. All players should be prepared to provide evidence of their eligibility to compete for their team. Spot checks and/or full registration card checks will take place during the stick check at the start of a competition day. Players may use their physical card or electronic e-mail/receipt as proof of registration.
5. Any teams fielding unregistered/illegal players will be subject to the sanctions listed in 2.10

3.08 Challenging Eligibility

1. Teams will be able to challenge any player they believe to be fielded illegally at the tournament. The team captain must inform the League secretary of the team & player number they wish to challenge and reasonable cause to do so.
2. The league secretary may either refer to registration checks competed at the start of the season or ask the captain of the challenged team to provide evidence of the player’s eligibility.
3. If the player is illegal, the player will be excluded from the remainder of the competition. The Team may also be subject to the sanctions in 2.10.